



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Senior Walking</b> <i>Weekdays 8-9am</i> Rec Center</p>	<p><b>Pickleball</b> 9am Rec Center (\$3)</p> <p><b>Line Dance</b> 1pm Community Room</p> <p><b>Open Play Pitch</b> 1st &amp; 3rd Mondays 2pm Senior Center</p>	<p><b>Bridge</b> Senior Center 1pm <b>RSVP</b></p> <p><b>Tai Chi for Arthritis</b> Rec Center 9am <b>RSVP</b> (8 week class) Starts August 22nd</p> <p><b>Red Hat Group</b> Meets every 3rd Tuesday of the month. For more info contact Sherryl Cutter at 316-214-4861 <b>RSVP</b></p>	<p><b>Pickleball</b> 9:00 am Rec Center (\$3)</p> <p><b>Senior Aerobics</b> 9am Rec Center</p> <p><b>Sew 'N' So More</b> 12 pm Rec Center</p>	<p><b>Tai Chi for Arthritis</b> Rec Center 9am <b>RSVP</b> (8 week class)</p> <p><b>Folk Dance</b> Rec Center 2pm (\$2)</p>	<p><b>Pickleball</b> 9:00 am Rec Center (\$3)</p> <p><b>Line Dance</b> 1pm Community Room</p> <p><b>Novice Pickleball</b> 5 pm Rec Center (\$3)</p>	<p>goodbye, august hello, september</p>
					1	2
3	<p>4</p> 	5 Sequence Gameplay, Senior Center 10am	6 Library Group, Senior Center 10:15am	7	8 Musical Hats Game, Community Room 2:30pm	9
10	11 Movie Quote Matchup, Senior Center 2:15pm	12	13	14 Crafting Bookmarks, Senior Center 10am <b>RSVP</b>	15 Snack & Chat, Senior Center 2:15pm	16
17	18	19 Painting with Marbles, Senior Center, 10am <b>RSVP</b>	20 Blood Pressure Checks, Rec Center 8:30-9:30am Book Club Meeting, Senior Center 1:30pm	21 Cornhole, Rec Center 1pm <b>RSVP</b>	22 Speaker: Independent Living Resource Center, Senior Center 11am <b>RSVP</b>	23
24	25	26 Lunch & Speaker: Wichita Area Metropolitan Planning Organization, Rec Center Noon <b>RSVP</b>	27 Bunko, Senior Center 6:30pm <b>RSVP to Vivian Smith</b> Ph: 744-0217	28 Outing: PBS Senior Expo, Meet at Rec Center 9:30am <b>RSVP</b>	29	30 

## Monthly & Special Events:

September 5<sup>th</sup>, 10am Sequence, Senior Center  
September 6<sup>th</sup>, 10:15am Library Group, Senior Center  
September 8<sup>th</sup>, 2:30pm Musical Hats Game, Community Room  
September 11<sup>th</sup>, 2:15pm Movie Quote Matchup, Senior Center  
September 14<sup>th</sup>, 10am Crafting Bookmarks, Senior Center **RSVP**  
September 15<sup>th</sup>, 2:15pm Snack & Chat, Senior Center  
September 18<sup>th</sup>, 2pm Open Pitch Gameplay, Senior Center  
September 19<sup>th</sup>, 10am Painting with Marbles, Senior Center **RSVP**  
September 20<sup>th</sup>, 8:30-9:30am Free Blood Pressure Checks,  
Rec Center  
September 20<sup>th</sup>, 1:30pm Book Club Meeting: *Between the World &  
Me* by: Ta-Nehisi Coates, Senior Center  
September 21<sup>st</sup>, 1pm Cornhole, Rec Center **RSVP**  
September 22<sup>nd</sup>, 11am Speaker: Independent Living Resource  
Center, Senior Center **RSVP**  
September 26<sup>th</sup>, Noon Lunch & Speaker: Wichita Area  
Metropolitan Planning Organization, Rec Center **RSVP**  
September 27<sup>th</sup>, 6:30pm Bunko, Senior Center **RSVP to  
Vivian Smith Ph: 316-744-0217**  
September 28<sup>th</sup>, 9:30am Outing: Senior Expo, Meet at Rec Center  
**RSVP**

To RSVP for senior events contact Sarah by phone 316-744-2700 ext. 304 or e-mail:  
schristenson@belaireks.gov

## Weekly Events:

Pickleball– Monday, Wednesday, Friday 9am-12:30pm, Rec Center  
\$3 per person or rec center membership  
Novice Pickleball– Fridays 5-7pm, Rec Center  
\$3 per person or rec center membership  
Bel Aire Walkers– Monday-Friday 8-9am, Rec Center (indoors)  
Yoga– Mondays & Wednesdays 5:30-6:30pm, Rec Center  
(see Rec website for pricing)  
Bridge– Tuesdays 1pm, Senior Center **RSVP**  
Senior Aerobics– Wednesdays 9am, Rec Center  
Sew 'N' So More– Wednesdays 12pm, Rec Center  
Line Dance– Mondays & Fridays 1pm, City Hall (Community Room)  
Folk Dance– Thursdays 2pm, Rec Center \$2 per class

### Activity Locations

#### ***Senior Center & Community Room***

***(located inside Bel Aire City Hall)***

7651 E. Central Park Ave

Bel Aire, KS 67226

#### ***Rec Center***

5251 E. 48th St. N

Bel Aire, KS 67220